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PRESIDENT: RAKESH KUMAR GOEL - HONY. SECRETARY: RUNJHUN GUPTA - EDITOR: SASHI DHACHOLIA

1658TH REGULAR MEETING

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## PROFILE OF GUEST SPEAKER - Mr. RAVI SEHGAL



Having done his schooling from St. Paul's School - Mr. Sehgal completed his Bachelor o f Technology from Benaras Hindu University Institute of Technology Electrical Engineering. He has his Diploma in **Business & Industrial** 

Management from Calcutta, besides Diploma in Export Marketing from Baroda. He has undertaken a special Management training course for Young Business Men from Administrative Staff College of India (ASCI) Hyderabad. He is a keen sportsman having represented the school & college team in swimming, water polo and cricket. He has worked for two years in Saudi Arabia in a leading Engineering concern at Riyadh (Saudi Arabia), manufacturing castings & helped increase production four times in that span of 2 years.

Since 1983 he holds the position of Managing Director in Carnation Industries Limited, Kolkata's leading Export House manufacturing & exporting engineering goods. The Company he is heading is an ISO 9001:2015 company and has won several National and Regional Awards for the highest performance in EXPORTS of Industrial & Sanitary Castings.

He was the National Chairman of Engineering Export EEPC - India from 2017-2020. He was the President of Institute of Indian Foundrymen (IIF), an apex body of Foundries in India in 2008-2009. Currently he is the Editor of Indian Foundry Journal-published by IIF. He has represented EEPC & IIF at several National & International Forums including INDEE, International Exhibitions & World Foundry Form.

#### **Rotary Journey:**

- Past President of RC Belur (1992-93), then he served the District at various levels
- District Governor RI D 3291 in 2000-01.
- He represented the District in Council of Legislation (COL) at Chicago in 2007.
- He has been the District Rotary Foundation Chair (DRFC) for over 9 years with the last term being 2013-16.
- He has initiated & co-ordinated Medical Missions to Africa.
- He has represented Rotary International Presidents in Australia & USA.
- He was the ARRFC Zone 6A.
- He was the WASH Co-ordinator of Dist. 3291 & other Districts in Zone6A.
- Currently he is the District Membership Chair of District 3291.
- He has been felicitated by the Highest Award "Service Above Self" Award, and the TRF recognition - Certificate of Meritorious Services

He is the Life member of the International Society of Krishna Consciousness, 4 Way Test Association of India, Benaras Hindu University Old Boys Association & Administrative Staff College of India Alumni. He has 100% Attendance Record for the last 33 years. He is married to Ann Sumati and is blessed with two sons-Ranjan & Raghav.

Ravi & Sumati are 2nd Level Major Donors and their sons are Paul Harris Fellows.

## **AUGUST - MEMBERSHIP AND NEW CLUB DEVELOPMENT MONTH**

#### PLANTATION OF MANGROVE TREES AT SUNDARBAN ON 19.08.2023 - A REPORT

Ever since the Rotary International included "Environment" within Seven Areas of Focus, the Rotary Clubs throughout the world started focusing on this. Certainly, environment is an important part of our life to make living better.

#### A BRIEF DETAILS ABOUT MANGROVE

Mangroves are tropical plants that are adapted to loose and wet soil, salt water and being periodically submerged by tides. Four major factors appear to limit the wider plantation and distribution of mangroves: climate, salt water, tidal fluctuation and soil type.

The Sundarbans mangrove forest, one of the largest such forests in the world (140,000 Ha), lies on the delta of the Ganges, Brahmaputra and Meghna rivers on the Bay of Bengal. It is adjacent to the border of India and Bangladesh. Sundarbans were declared a World Heritage site in 1987.

Twenty-six of the fifty broad mangrove species found in the world grow well in the Sundarbans. The commonly identifiable vegetation types in the dense Sundarbans mangrove forests are salt water mixed forest, mangrove scrub, brackish water mixed forest, littoral forest, wet forest and wet alluvial grass forests.

We, Rotary Club of Calcutta Metropolitan decided to work on Mangrove plantation in Sundarbans area. It was a joint project with Rotary club of Calcutta Pointers. We started on 19.8.2023 early morning and it took us 3 hours by road to reach Gadhkhali Ferry Ghat to catch the Motor launch in time during high tide and reach plantation site Kumirmari (the last village on the Indian side). It took us 2.50 hours to reach the plantation site by motor launch. After reaching Kumirmari, we had to wait for another 2 hours for the low tide for the water to retreat and expose the muddy shore area to enable us to plant the Mangrove trees. The plantation has to be done in the muddy shore area to save the land from erosion as well as to save the farm land from salinity. We crossed several small rivers as well as the core area of the forests of Sundarbans, which were well fenced so that tigers don't swim to the villages.

From the Motor launch, we were shifted to small dinghy boat to take us to the plantation area, the shore. Our President Rtn Rakesh Kumar Goel was courageous enough to shift from Motor launch to a dinghy (very risky) and then to be rowed to the plantation area and then to plant Mangrove trees in muddy soil, which was very slippery. The local contact had kept 2000 saplings ready, 1000 for us and 1000 for Pointers. We planted our 1000 Mangrove trees. We had support of the local women who were very fast in this work and worked alongside us to expedite the plantation. The writer salutes the President Rtn Rakesh Kumar Goel for this noble work and courageous enough to venture to the plantation site whereas this writer preferred not to venture but later on while listening to the team which also consisted of Rotary Club of Calcutta Pointers, hopefully during the winter, may also join for the plantation of Mangrove trees. We plan to again join them during the winter.

This entire program was initiated with RC of Calcutta Pointers. Thanks to their President Rtn Dr Raghu Sachindra Rao and their members for the wonderful hospitality and taking care of us throughout the journey. Thanks to our President Rtn Rakesh Kumar Goel for this wonderful project.

By Editor Rtn Sashi Dhacholia



Journey to Sundarban started in Motor launch for plantation of Mangrove Trees



Close of view Mangrove trees to be planted



Courageous President in small country boat to plant Mangrove Trees in muddy soil



Plantation of Mangrove trees started at Kumirmari

### PLANTATION OF MANGROVE TREES AT SUNDARBAN ON 19.08.2023 - A REPORT



President Rtn Rakesh Kumar Goel planting Mangrove trees in muddy soil



President planting the Mangrove trees



President handing over the Mangrove plants to women folk for plantation



Time to return with RC of Calcutta Pointers members

## **CONGRATULATION IPP DR V K NEVATIA**



# **2022-23 ROTARY CITATION**

Awarded to the Rotary Club of

Calcutta Metropolitan

for helping **imagine Rotary** in the lives of people all over the world.

Jennifer Jones President, Rotary International

#### JOINT MEETING & INDEPENDENCE DAY CELEBRATION WITH MAHAVIR SEVA SADAN ON 15.08.2023

77th year of Indian Independence was celebrated jointly with Mahavir Seva Sadan as the tradition is being followed by both since inception.

The presence of Inner wheel Club members, President emeritus Shri JS Mehta, Secretary Shri RS Singhi, MSS Medical Director Dr V K Nevatia, staff of Mahavir Seva Sadan (MSS) and beneficiaries at MSS was a heartwarming sight. With the presence of Chief Guest District Governor Rtn Shri Hiralal Yadav and other VIP guests, the event got its due importance.

Independence Day celebrations started with the Flag hoisting by DG Rtn Hiralal Yadav in midst of rain, but it did not dampen the spirits of people present and we started the event with 'High Josh'.

Proceedings started with President emeritus Shri J S Mehta inviting the dignitaries to the head table. He invited Pres Rtn Rakesh Kumar Goel and Hon Secy Rtn Runjhun Gupta to the head table. He then spoke and informed the audience about the status of projects by MSS in progress, future activities along with vision and mission of MSS.

DG Rtn Hiralal Yadav spoke and took on from what Shri JS Mehta shared saying he saw the statement 'Dare to Dream' and he applauded MSS President emeritus's vision of 'Making India handicap free', expressed his support and congratulated Metropolitans for playing a key role in helping this cause since its inception. DG Rtn Hiralal Yadav then released the latest coloured Special edition of Metro Voice dated 15.8.2023 which was sponsored by PP Rtn Sohanraj Singhvi. President Rtn Rakesh Kumar Goel then thanked PP Rtn Sohanraj Singhvi for sponsoring this special Bulletin. DG Rtn Hiralal Yadav also released the Souvenir for the RY-2023-2024. President expressed his thanks for great job done by PE Rtn Sashi Dhacholia for compiling and publishing both editions.



A view of Head table



Rtn Renu Todi main sponsors for Artificial Limbs

President Rtn Rakesh Kumar Goel then went through the club's proceedings, sharing all the completed projects and the others lined up for upcoming months. He also highlighted the 'Leg for legless', a Global Grant initiative of the club, which is in final stages of preparations, something that will give MSS a great and strong support.

The customary scholarships to 15 children getting treatment for Cerebral Palsy was given by the President Rtn Rakesh Kumar Goel.

There was a donation of total 30 Artificial Limbs from the Club members. PP Rtn Roshni Beriwala, PP Rtn Dr Neeraja Rateria and Rtn Suraj Ratan Mundra donated five limbs each and the highest numbers of 15 limbs were donated by Rtn Renu Todi through her NGO Samrakshaa foundation. IPP Rtn Dr V K Nevatia (Medical Director of MSS) then showcased the different types of limbs done and given to the needy starting from children of 5 years to adults. The demonstration was taken to a beautiful level with little children with cerebral palsy doing a completely joyful dance performance for the spectators.

PP Rtn Sohanraj Singhvi gave a vote of thanks and with everyone carrying the pride of being an Indian and making a difference in their hearts that reflected in the smiles, the celebrations came to an end.

By Rtn Runihun Gupta



DG Rtn Hiral Yadav hoisting the National Flag with members of MSS & Others



IPP Rtn Dr V K Nevatia addessing the audience

## JOINT MEETING & INDEPENDENCE DAY CELEBRATION WITH MAHAVIR SEVA SADAN ON 15.08.2023



A view of Metropolitans



President Emeritus J S Mehta addressing the audience



DG Rtn Hiralal Yadav addressing the audience



DG felicitated by MSS with memonto



Another beneficiary walking with Artificial Leg



DG releasing the Special edition of Metro Voice-Club bulletin



Another view of release of Metro Voice



Release of Souvenir for RY-2023-2024



Beneficiary displaying his artificial leg

#### SCREEING OF AVIJATRIK MOVIE FOR SENIOR CITIZENS ON 5.8.2023

Screening of Avijatrik movie at Nandan with the support of Producer Rtn Gaurang Jalan in association with Pronam, and NGO The Bengal in presence of the District Governor Hiral Yadav and Secretary Rtn Anirudha Guha.

Date: 5th August 2023 • Venue: Nandan theatre, Kolkata The stage was set, the screen was all ready to roll as Metropolitans (President Rakesh Kumar Goel, Hon Secretary Rtn Runjhun Gupta and Producer PP Rtn Gaurang Jalan) waited to welcome the senior citizens as we wanted to ensure we gave them a day to remember. The staff at Nandan extended cooperation in helping them use the lifts and giving them top priority. The volunteers and executives at Pronam under the guidance of Additional Administrative officer Mrs Manika Batabyal, helped escort them. In no time the 110capacity hall had reached a fully occupied scenario. The senior citizens were from the police jurisdiction of Beliaghata, Manicktolla, Parnashree and Haridevpur. Ms Aditi Naskar from NGO The Bengal expressed her delight and thanked the club for the initiative and especially Producer PP Rtn Gaurang Jalan for screening nationally and internationally acclaimed movie Avijatrik. While the DG Hiral Yadav was a few minutes away to join us, we suddenly saw an additional inflow of senior citizen visitors and there were no seats remaining.

Hon Secretary Rtn Runjhun Gupta, immediately got together with the Pronam team and Ms Aditi Naskar and housed the additional senior citizens to another movie Prajapati being screened in the hall below, also matching in screening time. They were given water bottles and made equally comfortable. DG Rtn Hiralal Yadav and Rtn Anirudha Guha were welcomed by President Rtn Rakesh Kumar Goel who initiated this event along with support of PP Rtn Gaurang Jalan and Hon Secretary Rtn Runjhun Gupta.

DG Hiralal Yadav was overwhelmed to see the hall filled with senior citizens and he expressed his happiness at being a part of a wonderful project and he shared great words about his association with the Rotary Club of Calcutta Metropolitan Club and the quality of projects including this one. He also shared his interest in doing more work towards the welfare of the senior citizens. President invited Gaurang Jalan to share and Rtn Gaurang Jalan gave a little peek into the stories behind the making of the movie...why the movie was made,

Rotary

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Market Service

how artists came together from across the globe and the entire attempt to take it back to the era of Satyajit Ray and without much adieu it was light off, screen lit up with the movie they all were waiting to watch. In keeping with the protocols of Nandan, we distributed snack boxes with a bottle of water after the show. For us as a team, the biggest test was accommodating double the expected numbers which had moved from 100 to 175 and close to 200 with the Pronam and The Bengal staff. Thanks to President Rakesh Goel we managed additional food packets.

The best moments were the emotional and heart-warming feedback and lots of gratitude and blessing for the Rotary club for thinking of them and their happiness and they requested for another show on a bigger scale and President Rtn Rakesh Kumar Goel responded with a positive note by saying he would look into it.

One of the senior citizens said that he was taken back into the era of Satyajit Ray, it was like they were living their past happy moments in the present. Another one added saying we thought it was all over, by this experience somehow got life back into us, thank you for saving us. Most expressed gratitude to the team of Rotary for making this possible and there were few sitting in anticipation of wanting to know what happens in the sequel and even asking if there was a sequel in the making as they wished to live to watch that too.

So grateful that we could give all of them a great experience, with a movie, food packets, water ensuring no one left with a sad heart of missing out on movie or food. As they all left with beaming smiles, giving blessings, asking for more...it surely became a day for us to remember with pride and gratitude of being able to spread happiness and love.

By Rtn Runjhun Gupta



# SCREEING OF AVIJATRIK MOVIE FOR SENIOR CITIZENS ON 5.8.2023





















## MEDIA COVERATE OF AVIJATRIK MOVIE FOR SENIOR CITIZENS ON 05.08.2023



िश्रीः येतर्य वस्तव आरु हिस्सा आँवाजीवक का प्रश्नीन वेन्यू स्वताज मेट्रीयंतरान, र्यांच्या नेदन शिक्टर कोलवाज में विच्या स्वताज मेट्रीयंतरान, र्यांच्या नेदन शिक्टर कोलवाज में विच्या स्वताज मेट्रीयंतरान के आपको प्रश्नीत के अध्यक्ष प्रश्नीत के का का प्रश्नीन वर्षियं के स्वताज का स्वताज करने का मेट्रीयंतरान के आपको प्रश्नीत के स्वताज मान्या का स्वताज करने का स्वताज का स्वताज करने के स्वताज करने का स्वताज करने क



# वरिष्ठ नागरिकों को दिखाई गई फिल्म अविजात्रिक



अगरण संगठता सिक्षिपुरीः चरित एकेरा गेयल एवं सच्चित्र रुख्युत नागरिकों के लिए रीटरी बलब आफ गुन्ता पहुँचे थे। यहाँ प्रीनाम एवं ट कलकता मेट्टीपोलिटन, द बंगाल बंगाल के सदस्यों द्वारा आरआईं नागरकों के लिए रोटरो क्लब आफ कलकता मेट्रोपोलिटन, द बंगाल और प्रोनाम द्वारा एक प्रोजेक्ट आर अनाम द्वारी एक प्राजकट तैयार को गई है। इसके तहत गीर्शम जालान द्वार प्रायोजित फिल्म अविजाप्रिक को प्रत्रतिनी को गई। बीते पांच अगस्त को कोलकाता के केन्यु नंदन बिएटर इसका आयोजन किया गया था। इस मौके पर रोटरी क्लब आफ मेट्रोपोलिटन के अध्यक्ष

3291 के गवर्नर हीरालाल यादव और अन्य गणमान्य व्यक्तियों का अर्थ गणभान्य व्याक्तयां का स्वागत किय गया। इस मौंके पर डीजी हीरालाल यादव ने इस तरह के और कार्य करने में अपने राधि सङ्गा की। कार्यक्रम के दौरान कार्या संख्या में ब्रिस्ट नागरिक व अन्य लोग मौजद थे।

#### REPORT ON LAST PHASE OF ORGNIC FARMING PHASE-II AT DUTTAPUKUR ON 30.07.2023

Due to Covid pandemic during last few years, the last phase of Organic Farming under GG# 17-58188 could not be completed. The project had to be restarted and completed. On 30th July, 2023, the Primary Contact PP Rtn Harsh V Rungta with President Rtn Rakesh Kumar Goel and President Elect Rtn Sashi Dhacholia along with our project partner, Maple Orgtech (India) Ltd (MOIL), decided to visit and get the last phase of Organic Farming at Duttapukur, 24 North Parganas started by taking up the distribution of necessary Organic Agri Inputs etc to the farmers of two villages.

The farmers seem to be happy and content with the Organic farming but they still have marketing issues. They were not able to get the right price of their produce. They were assured that this time MOIL shall give thrust on better realisation of produce through market linkage,

implementing post-harvest technology and minimal processing. From their side they will have to put three kiosks in the market through which farmers will be able to sell directly to customers and message will go to villagers that the said project is sponsored by RCCM and implemented by Maple. It was made clear to them that this time inputs were being given free of cost for two cycles but later on they will have to buy from the outlets of Maple

This is the last phase of Organic farming consisting of 2 further cycles and will be covered by the balance Rs 12,95,179.74 lying in account of GG# 17-58188. This will benefit 260 farmers and their families and will cover 110 acres of land in over 8 villages. Overall, the total cost of this GG# 17-58188 is Rs. 66,75,443.00.

We hope to complete this project before 31.3.2024.



Banner for Organic Farming at Duttapukur



Maple explaining about various Inputs of Organic Farming



A K Das of Mapel explaining about the Organic Farming



Mingling with farmers

#### REPORT ON LAST PHASE OF ORGNIC FARMING PHASE-II AT DUTTAPUKUR ON 30.07.2023



A view of field



Members of RCCM with farmers of 2 villages



Another view of field for Organic Farming



A view of Organic Agri INputs



Distribution of Organic Agri Inputs



Another distribution of Organic Agri Inputs



Farmers happy with free distribution of Organic Agri Inputs

#### TAKING THE FIRST STEP TOWARDS CREATING A BETTER LIFE...-A WORKSHOP ON COUNSELLING

It all started with a visit to PACE Learning Centre school at Piyali, where PP Rtn Jayanta Chatterji shared the dilemma of girls not making best choices for higher education which is not enabling them to find options for self-sustainability and a week before that Secretary Runjhun Gupta had spoken to Rtn Renu Todi who expressed interest in doing psychological counselling sessions for Piyali.

After discussing with Principal Ms Jayeeta Chatterjee, who welcomed the support but highlighted the need for career guidance as an urgent requirement. Secretary Rtn Runjhun Gupta then reworked the strategy with Rtn Renu Todi, who then involved Dr Sagar Dutt and the way forward was to counsel the students to help make right decisions early in their life starting from 6th to 8th standard and students from 9th to 12th standard were taken through an aptitude test which was focused on helping them understand their strengths.

On 8th August, 2023 the entire strategy was put into action at PACE Learning Centre. The session to 6th to 8th standard was slowly guided into them by helping them understand the power of gratitude. A gratitude journal was also given to the students to make it a part of their daily life. Aptitude sheets were given for marking to all the students after briefing all the girls including the teachers. Seeing the positive response from both the students and teachers, the next stages and steps were planned and Rtn Runjhun Gupta took the charge to coordinate with all involved including the school. The intent is to work this as a pilot to create a sustainable ongoing process that can help in providing much needed guidance to the students at the right time to make the best of available opportunities for a dignified life.

After the sessions, the students requiring individual counselling relating to psychological issues were addressed by Rtn Renu Todi and Dr Sagar Dutt. It was a full day of activity and the entire team with PP Rtn Jayanta Chatterji, Principal Ms Jayeeta Chatterjee, Rtn Renu Todi, Dr Sagar Dutt and Secretary Rtn Runjhun Gupta, sat down for a well deserving lunch and headed back to Kolkata around 4pm with a promise of coming back around the third week of August for the next session.

By Rtn Runihun Gupta

#### TAKING THE FIRST STEP TOWARDS CREATING A BETTER LIFE...-A WORKSHOP ON COUNSELLING













#### **WORKSHOP ON HYGIENE MENSTRUAL AT PACE LEARNING CENTRE ON 19.08.2023**

Periods are a normal phenomenon that a woman, a girl goes through but it has been seen with so much of stigma from the society creating fear, shame, guilt, depression and feeling of being lesser than others.

The absence of right information and awareness subjects the female species to more judgements, but worse not taking the right care, leads to health issues. This was the main intention behind conducting the 'Menstrual Hygiene Workshop' for the girls at Piyali school with the help of 'SHEABLE FOUNDATION' that focuses on providing the information and awareness through demos and very focused activities. The team of 3 young volunteers and 2 adults, opened the session by making the 70 girls from 6th to 12th standard feel comfortable about talking on periods. They then went on to explain how maintaining hygiene is crucial and what are the to-dos and don'ts, including food, exercises required to ensure a healthy lifestyle through the monthly process. The activity of breaking the myths was done using balloons.

Girls at PACE learning centre, shared about how they were made to sit in isolation during their periods, not allowed to touch plants, or told they are impure. One of them even went to the extent of asking, "why don't boys go through this?" ... All the queries were addressed sensitively ensuring they understood it was a privilege and not a punishment. They were further informed about the new age menstrual products. There were few who still had not started on their periods and were fearful about it, so we requested others to share their first period story.

The girls were then asked to share their final thoughts post the workshop through painting and words. "Don't be scared, be aware," "Bleeding is a blessing", "It's our virtue to bleed", "It's normal to bleed", "I am dancing when I have my periods", I am free. The most heart

touching story was one of them sharing, "I helped my mother use her first pad."

What an amazing expression and thought-provoking stories that came through, leaving it tough for us to choose the winners. The top 10 participants were recognised with gifts and chocolates. All of them were given goody bags containing pads, period tracker, information graphic, snacks, and the award-winning comic on menstruation, 'Menstrupedia comic'. We ended by making the girls dance on 'Bum bum bole' to ensure they left celebrating feeling liberated. We joined them and their smiles, laughter, and happiness left us all fulfilled.

The entire team of teachers, Principal Jayeeta Chatterjee, and PP Rtn Jayanta Chatterji, were there supporting through the entire event and ensured everyone had filling lunch and the team Sheable Foundation was given the complete tour of the entire school by the team of students. Sheable Foundation has agreed to make it an annual activity to support spread the required awareness. We also thanks the President Rtn Rakesh Kumar Goel, who initiated this idea of holding the workshop.

By Rtn Runihun Gupta



with Team Sheable foundation

#### **WORKSHOP ON HYGIENE MENSTRUAL AT PACE LEARNING CENTRE ON 19.08.2023**



With PLC Teachers & Others





Creative messages post session



Workshop in progress recognizing participants



All creative messages

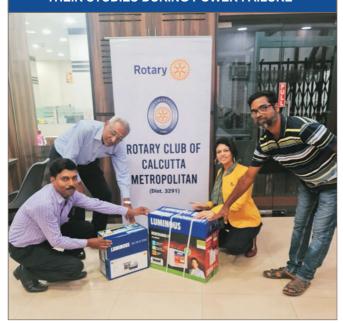


**Participants** 



Goody bag with essentials

#### HANDED OVER INVERTOR & BATTERY TO ROTARY SHISHU SHISKHA NIKETAN, DUTTAPUKUR TO HELP STUDENTS TO CONTINUE WITH THEIR STUDIES DURING POWER FAILURE



#### MEDIA COVERAGE FOR ORGANIC FARMING PHASE-II



তিছা সাংগালয় ৩০০% সুগাই 
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২০২৫, যেনির চাব আন বিভাগে 
বিভাগে ভিল্গ ২ বাল আন বিভাগে 
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তে মহামানির কল নিয়েছে যা সাম্রা মধ্যকার আরু প্রাপ্ত করা প্রাপী করাকে পারে মধ্যকার করা প্রাপী করাকে পারে করা মধ্যকার মুক্তিক করা করা করা মধ্যকার মুক্তিক করা করা করা মধ্যকার মধ্যকার করা করা করা মধ্যকার মধ্যকার করা করা মধ্যকার করা করা মধ্যকার করা করা করা করা মধ্যকার করা মধ্যকার মধ্যকার মধ্যকার করা মধ্যকার মধ্যকার মধ্যকার মধ্যকার করা মধ্যকার মধ্যকার মধ্যকার করা মধ্যকার মধ্

#### 77TH INDEPENDENCE DAY CELEBRATION AT PLC ON 15.08.2023

Once again, the moment was made memorable by the students of PACE Learning Centre, who organized a wonderful cultural event with their innovations and effort to add a complete patriotic fervour to it on 15th August, 2023.

The programme started with the traditional flag hoisting ceremony where PLC President & PP Rtn Jayanta Chatterji showed a wonderful gesture of giving the opportunity to the board exam topper at PLC to hoist the flag. Everyone was overjoyed to hear the announcement and applauded.

The cultural event started with a speech glorifying the nation's rich culture and heritage and immense contribution of the freedom fighters who laid down their lives to bring smile on the faces of the citizens of our country. The vibrant self-choreographed dance performance of the students stole the heart of the audience. This was followed by the recitation of a poem on the diverse culture of our nation and yet its unity as a nation and the reformation of the society and its mindset.

The last performance which turned the entire ambience emotional when the students performed a medley full of patriotic songs of Rabindranath Tagore. This performance became more heart touching with the recitation of Tagore's poems on patriotism and nurturing and caring nature of motherland.

The programme ended with meaningful and inspiring speech for the students by PLC president and PP Rtn Jayanta Chatterji who explicitly mentioned what it meant to be independent as a woman. He reiterated the significance of independence in the context of Tagore's patriotic poems and the probable challenges that might come to which students responded enthusiastically.

#### By Jayeeta Chatterjee Principal of PACE Learning Centre













# **CONGRATULATION**

## Mário César Martins de Camargo of Brazil selected to be 2025-26 Rotary International President

By Etelka Lehoczky



[Mário César Martins de Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, is the selection of Nominating Committee for President to become Rotary International's president for 2025-26.] Mário César Martins de Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, is the selection of Nominating Committee for President to become Rotary International's president for 2025-26. He will officially become the nominee on 15 September if no other candidates challenge him.

De Camargo plans to boost Rotary's public image by working from the top down.

"Rotary today has strong competition for members and funds," he says. "We need to rejuvenate the brand, especially in some zones. We should utilize post-pandemic meeting tools ... to allow the president to address Rotarians all over the globe. We also need to develop more long-term partnerships with political, community, and business leaders. Let's emphasize our greatest asset: 1.4 million volunteers."

He also hopes to improve Rotary's process for appointments and governance.

"Rotary should adopt a more transparent system to appoint volunteers for positions, with clear criteria and data-based evaluation of results," he says.

De Camargo was president of Gráfica Bandeirantes and has been a consultant to the print industry in Brazil. He has also served as president and chair of several printing and graphics trade associations, including the Brazilian Association of Graphic Technology and ABIGRAF, the Brazilian Printing Industry Association.

He has served on the board of Casa da Esperança (House of Hope), a hospital sponsored by his Rotary club that serves 150,000 children with disabilities every year.

De Camargo studied in the U.S. and Germany and holds degrees from EAESP-Fundação Getulio Vargas

in business administration and Faculdade de Direito de São Bernardo do Campo in law. He was a Youth Exchange participant to Minnesota, USA, in 1974-75, which inspired a lifelong commitment to the program.

A Rotarian since 1980, de Camargo served as his club's Youth Exchange Officer in 1981, at age 24. He has served Rotary as director, trustee, RI learning facilitator, committee member and chair, and task force member.

De Camargo and his wife, Denise, are Major Donors and Benefactors of The Rotary Foundation.

To learn more about de Camargo, read his interview and vision statement, which outline his goals for Rotary. The members of the Nominating Committee for the 2025-26 President of Rotary International are:

Larry A. Lunsford (chair), Rotary Club of Kansas City-Plaza, Missouri, USA; Mary Beth Growney Selene (secretary), Rotary Club of Madison West Middleton, Wisconsin, USA; Safak Alpay, Rotary Club of Istanbul-Sisli, Turkey; Ann-Britt Åsebol, Rotary Club of Falun-Kopparvågen, Sweden; James Anthony Black, Rotary Club of Dunoon, Argyll, Scotland; Basker Chockalingam, Rotary Club of Karur, Tamil Nadu, India; Celia Cruz de Giay, Rotary Club of Arrecifes, Buenos Aires, Argentina; Susan C. Howe, Rotary Club of Space Center (Houston), Texas, USA; Masahiro Kuroda, Rotary Club of Hachinohe South, Aomori, Japan; Roger Lhors, Rotary Club of Pont-Audemer, Eure, France; Frederick Hsiu-Ming Lin, Rotary Club of Taipei Tungteh, Taiwan; Anne L. Matthews, Rotary Club of Columbia East, South Carolina, USA; Akira Miki, Rotary Club of Himeji, Hyogo, Japan; Eun-Soo Moon, Rotary Club of Cheonan-Dosol, Chungcheongnam, Korea; Ekkehart Pandel, Rotary Club of Bückeburg, Germany; Sambasiva Rao Patibandla, Rotary Club of Jubilee Hills, Telangana, India; Steven Snyder, Rotary Club of Auburn, California, USA.

— 7 Aug 2023

## PACE LEARNING CENTRE CAMPUS ACTIVITIES

# **CONGRATULATIONS**

#### **ADMISSION OF GIRLS**

We congratulate the following girl students, whose admission are provisionally confirmed by the respective colleges under Calcutta University sponsored by us



Anjura Seikh Surendranath College Sociology (Hons.)



Anupama Raptan Charuchandra College English(Hons.)



Mitali Sardar Netajinagar College English (Hons.)



Moumita Mondal Surendranath College Sociology (Hons.)



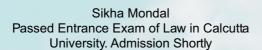
Priyanka Sardar Vijaygarh Jyotishroy College English (Hons.)



Sikha Mondal Charuchandra College English (Hons.)



Suparna Pramanick Charuchandra College English (Hons.)







#### VISIT TO SCHOOLS, RUN UNDER CSR BY TEGA INDUSTRIES LTD, ON 30.07.2023

Visit to the following three Schools, run under CSR by Tega Industries Ltd, was long overdue:

Name of School		No of Students
		40=

Rotary Shishu Shiksha Niketan	187
2. Joypul Nandanik Shikshyatan	236
3. Nabapally Primary School	187

3. Nabapally Primary School Total 562 students are studying.

They conduct teachers' training program for all three schools from time to time. Teachers also attend education related programs conducted by CII Education Wing. In June this year Heads of all three schools attended a 2day workshop held by Mr Manish Jain from IIT Gandhinagar on experiential learning.

For students' respective schools conduct various competitions like - quiz, drawing, arts & crafts, singing & dancing, drawing, painting trees, projects, visits to local places for entertainment along with education etc. They have annual sports. The communities are very happy with the quality of teaching in the schools.

They are focussing on changing of the pedagogy of teaching and working on it. We are grateful to Rtn Madan Mohan Mohanka for taking the above schools under CSR by Tega Industries Ltd.

We visited Rotary Shishu Shiksha Niketan and Joypul Nandanik Shikshyatan on 30.7.2023 and visit to Nabapally Primary School was postponed due to other engagements.

#### **ROTARY SHISHU SHIKSHA NIKETAN**

We were warmly greeted by the teachers, students and staff of two schools mentioned at 1 and 2. At Rotary Shishu Shiksha Niketan, it was observed that there is urgent need of Inverter to overcome the power crisis during frequent load shedding. It is hampering the classes and it becomes completely dark inside the school premises as there is no scope of direct Sunlight. The Inverter will help them to continue with classes without interruption. President Rtn Rakesh Kumar Goel and PP Rtn Harsh V Rungta readily agreed to bear the cost by the Club and install the inverter at the earliest.

We were highly impressed with the utilisation of the limited space on the ground floor managing 5 classes. We have been told by the Principal that a land is being offered for the school in near vicinity for school playground. The owner was ready with all necessary land papers to donate it for the benefit of the children.

As always, both President Rtn Rakesh Kumar Goel and PP Rtn Harsh V Rungta offered some contribution for stationaries etc. for the students. Thanks to them.



President Rtn Rakesh Kumar Goel showcasing the Duttapukur School



RCCM members with Teachers and Staff



Another with support staff



Sudents were provided with Stationaries and Gifts



Another view with Gift and lovely backround with paintings

#### VISIT TO SCHOOLS, RUN UNDER CSR BY TEGA INDUSTRIES LTD, ON 30.07.2023



Students happy will Gifts



Another view of student displaying the gift

#### **JOYPUL NANDANIK SHIKSHYATAN**

This is the place where 3-H project of RCCM was started and it was widely acknowledged in Rotary International as the Best 3-H project done by the Rotary Club of Calcutta Metropolitan. Naturally, visit to this brings back lot of memories to the Editor Rtn Sashi Dhacholia.

Again, we were warmly welcomed by the teachers, students and support staff of Joypul Nandanik Shikshyatan. This school is well maintained. We were touched by the presence of students even on Sunday holiday, they made it a point to greet us in their uniform. The class room were nicely decorated, which can be seen in photos as printed in this edition.

We are grateful to both President Rtn Rakesh Kumar Goel and PP Rtn Harsh V Rungta for again making contribution towards school stationaries for the students. Thanks for your gesture.



Group photo with the Principal and Teachers of Joypul Nandanik Shikshyatan



RCCM members were greeted by the Principal and the students



With students in their Class room

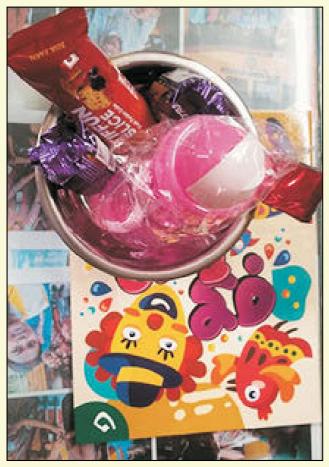


Paintings by the students in the wall of Classroom



Another view of paintings by Students

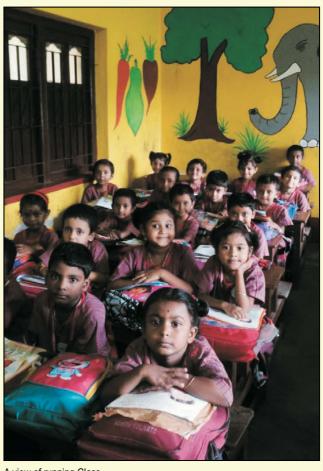
## VISIT TO SCHOOLS, RUN UNDER CSR BY TEGA INDUSTRIES LTD, ON 30.07.2023



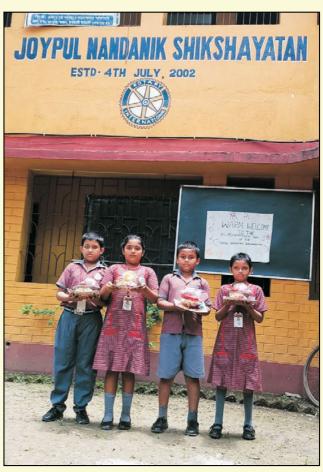
Distribtion of Gifts to the students



Another of running class



A view of running Class



Students happy with gifts

#### PRESIDENTIAL MESSAGE - AUGUST 2023



R. Gordon R. McInally RI President 2023-24

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.

#### TRUSTEE CHAIR'S MESSAGE - AUGUST 2023



Barry Rassin
Trustee Chair 2023-24

This year, I urge all of you to think bigabout The Rotary Foundation. To reach our goals and make the impact we know we can make, we must think outside the box and embrace innovation. We must make bold plans to expand our reach today, tomorrow, and in the future.

Start by thinking big about Foundation-supported projects. If your club hasn't engaged in a Rotary Foundation district grant or global grant, make this the year you do. Collaborating with your Rotary counterparts in another district on one of Rotary's seven areas of focus can make a lasting impact beyond your wildest dreams. Explore Rotary Showcase at rotary.org/showcase or arrange a meeting between your club and your district Rotary Foundation chair to start a conversation.

Let's also think big about our polio fundraising this year. Begin planning your World Polio Day fundraiser now for 24 October if you haven't already. Let's see how Rotaract and Rotary clubs can make this year's fundraisers our best ever.

Thinking big about the Foundation also means remembering that through it, our impact goes beyond the current Rotary year. We see this through not only the emphasis on sustainability in our grant projects but also in initiatives such as Programs of Scale. The third Programs of Scale recipient will take on a big challenge: combating cervical cancer and enhancing women's health in Egypt through awareness-raising and improved access to preventive care.

The success of the Programs of Scale grant model lies in our approach of closely collaborating with partners to amplify proven methods. Each year, The Rotary Foundation awards \$2 million to a member-led program that has demonstrated success and has the potential to reach more people through scaling up over a three- to five-year period.

Our Programs of Scale are the epitome of thinking big: Through them, we aim to establish sustainable partnerships and cost-effective programs that deliver tangible benefits beyond the funding period. This way, Rotary and its Foundation can reach and assist more people in more places.

Lastly, let's remember that our efforts to make the world a better place should extend beyond our time on earth. As we strive to reach \$2.025 billion by 2025 for Rotary's Endowment, consider how you can leave a legacy by making a gift or a commitment to a Rotary endowment. This will ensure that Rotary's future generations will have greater financial resources to create positive change, just as so many are doing now, in so many ways.

# MINUTES OF 1657th REGULAR MEETING OF ROTARY CLUB OF CALCUTTA METROPOLITAN JOINTLY CONDUCTED WITH MAHAVIR SEVA SADAN ON TUESDAY, 15th AUGUST, 2023 AT 11 AM AT MAHAVIR SEVA SADAN, 20, EKBALPORE, KOLKATA-700 023

- President Rtn Rakesh Kumar Goel welcomed DG Rtn Hiralal Yadav and other dignitaries to hoist the National flag and sing the National Anthem.
- President then welcomed DG Rtn Hiralal Yadav, District Officials, President Emeritus Shri J S Mehta, IPP Rtn Dr V K Nevatia & Medical Director of MSS and requested them to join the Head table. President also welcomed members of MSS, members of RCCM and VIP guests to join the head table
- President then called 1657th Regular Meeting to order.
- 4. Minutes of the 1656th Regular Meeting dated 29.7.2023 were read and confirmed.
- 5. President requested DG Rtn Hiralal Yadav to address the audience first as he needed to leave for another Rotary event. He appreciated the commitment of MSS to free India of disabled persons. He was highly appreciative of the longstanding bond of RCCM and MSS. He was felicitated by MSS with a miniature model of an Artificial Leq.
- 6. President requested DG Rtn Hiralal Yadav and other dignitaries on the Head table to release the Souvenir for 2023-2024.
- 7. President requested VIP guest Padmashri Prahlad Rai Agarwal to release Special Edition of Metro Voice specially compiled and published detailing the work done by MSS and RCCM towards rehabilitation of Physically and Mentally Challenged persons. A round of applause for PP Rtn Sohanraj Singhvi and Shri J S Mehta and members of MSS and special mention of Rtn Sashi Dhacholia for putting it all together.
- 8. President informed the followings activities in brief due to space constraint and full report will be published in the next edition of Metro Voice dated 26.8.2023:
  - Visited Duttapukur and Joypul to start the third phase of Organic Farming Phase-II on 30.7.2023.
  - On 5.8.2023 screening of Avijatrik movie for the Senior Citizens in collaboration with Pronam and the NGO "The Bengal" at Nandan Cinema. DG Rtn Hiralal Yadav was the Chief Guests with other District Officials. President extended his thanks to PP Rtn Gaurang Jalan and Hon Secy Rtn Runjhun Gupta for their help in organizing this program.
  - Workshop on and counselling by our own Rtn Renu Todi and Dr Sagar Dutt was conducted on 8.8.2023 on First Step towards helping them make better life and career choices for students of PACE Learning Centre. Thanks to Rtn Renu Todi.

- We have sponsored 30 Artificial Limbs in today's meeting. The following Rotarians have sponsored the Artificial Limbs:
  - 15 by Rtn Renu Todi through her Samraksha Foundation
  - 5 by PP Rtn Dr Neeraja Rateria
  - 5 by PP Rtn Roshni Beriwala
  - 5 by Rtn Suraj Ratan Mundhra
  - President thanked them all for the sponsorship.
- RCCM is in the process of doing Global Grant project with MSS on Artificial Limbs and Calipers very soon
- 9. President even shared about the events for the month of September with further details to follow.
- 10. PP Rtn Dr V K Nevatia requested President Rakesh Kumar Goel to handover 15 scholarships to the physically challenged children
- 11. President requested Secretary to make the Club announcements:
  - Forthcoming Events were announced.
  - Birthday/Marriage Anniversary greetings announced.
  - Sunshine box collection was Rs. 1000/-and over and above as usual
  - Attendance for the day was 13.
- 12. President requested PP Rtn Sohanraj Singhvi to address the audience and also give vote of thanks
- Since there was no other business, the meeting was terminated

Forthcoming Events		
CLUB		
02.09.2023	Hosting "Meet of Thyroid Cancer	
	Survivors & Post thyroidectomy Patients"	
	to observe Cancer Awareness Month at	
	6.00 PM at Rotary Sadan	
09.09.2023	Regular Meeting at The Conclave at	
	2.00 PM. Guest speaker Shri Shibaji	
	Das, Magician on the theme of Basic	
	Education and Literacy	
16.09.2023	Regular Meeting at The Conclave and	
	the Guest Speaker will be PDG Rtn	
	Mukul Sinha, who speak on Literacy	

#### **BIRTHDAY GREETINGS**

**27.08.2023** PP Rtn Utpal Chatterjee **31.08.2023** PP Rtn Maitrayee Ray

07.09.2023 Rtn Pradeep Bagla



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